FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	washington	i, D.O. 200-0	
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APP	ROVAL
OMB Number:	3235-0287

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

					or	r Sect	ion 30(h)	of the	Investmen	t Con	npany Act o	of 1940						
									ker or Tradi]		Relationship oneck all applic	able)	g Pers	on(s) to Iss	
(Last) 603 QUI	,	,	(Middle)			Date (Tran	saction (Mo	nth/C	ay/Year)				(give title		Other (s	I
(Street) QUEEN	SBURY N	Y	12804		4.1	If Ame	endment,	Date	of Original F	Filed	(Month/Day	//Year)	6. I Lin	X Form fi	led by One led by Mor	e Repo	(Check Apporting Person One Report	n
(City)	(S	tate)	(Zip)											Person				
		Tal	ble I - Nor	1			curitie	s Ad	cquired,	Dis	osed o	f, or Be	neficia	ly Owned				
1. Title of	Security (Ins	tr. 3)		2. Trans Date (Month/			2A. Deem Execution if any (Month/D	n Date	Code (I		Disposed		tr. 3, 4 and	Beneficia Owned F Reported	s ally ollowing I	Form	: Direct Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
	City) (State) (Zip) Table I - Title of Security (Instr. 3) Ommon Stock Table On- On- On- John John			<u> </u>					Code	Code V		(A) or (D)	Price	Transact (Instr. 3 a	and 4)			
Common	Stock										<u> </u>				,230		D	
			Table II - I						quired, D s, option					Owned				
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution D if any (Month/Day/	ate, T	ransa Code (I		5. Numl of Derivati Securiti Acquire (A) or Dispose of (D) (I 3, 4 and	ive ies ed ed nstr.	6. Date Exe Expiration (Month/Day	Date		of Securi Underlyir	ig e Security	Derivative Security	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
(City) Common S Common S							<u> </u>	Ĺ					Amount	=	Ĭ ,			
					ode	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Number of Shares					
Non- Qualified Stock Option (right to buy)	\$15.75	08/03/2010			A		14,000		(1)		08/03/2017	Common Stock	14,000	\$0	14,00	0	D	
Non- Qualified Stock Option (right to buy)	\$4.3478								06/02/2005	(2)	06/02/2011	Common Stock	2,091		2,091	1	D	
Non- Qualified Stock Option (right to buy)	\$6.5217								05/21/2005	(3)	05/21/2012	Common Stock	2,091		2,091	1	D	
Non- Qualified Stock Option (right to buy)	\$6.5217								05/31/2005	(4)	05/31/2013	Common Stock	6,273		6,273	3	D	
Non- Qualified Stock Option (right to buy)	\$13.18								07/20/2005	(5)	07/20/2014	Common Stock	6,000		6,000	0	D	
Non- Qualified Stock Option (right to buy)	\$13.29								09/04/201	0	09/04/2016	Common Stock	12,000		12,00	00	D	
Non- Qualified Stock Option (right to buy)	\$15.27								08/06/2009	(6)	08/06/2015	Common Stock	6,000		6,000	0	D	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execut Security or Exercise (Month/Day/Year) if any		3A. Deemed Execution Date, if any (Month/Day/Year) 4. Transactior Code (Instr.			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$17.76							07/27/2008 ⁽⁷⁾	07/27/2017	Common Stock	6,000		6,000	D	
Non- Qualified Stock Option (right to buy)	\$18.4							08/15/2007 ⁽⁸⁾	08/15/2016	Common Stock	6,000		6,000	D	
Non- Qualified Stock Option (right to buy)	\$24.21							07/29/2006 ⁽⁹⁾	07/29/2015	Common Stock	6,000		6,000	D	

Explanation of Responses:

- 1. The option becomes exercisable as to 4,667 shares on August 3, 2011, 4.667 on August 3, 2012 and 4,666 shares on August 3, 2013.
- 2. Options for 60% of the shares are exercisable on 12/30/2004. Options for 20% of the shares are exercisable on 6/2/2005. Options for 20% of the shares will become exercisable on 6/2/2006.
- 3. Options for 40% of the shares are exercisable on 12/30/04. Options for 20% of the shares are each exercisable on 5/21/05, 5/21/2006 and 5/21/2007, respectively.
- $4. \ Options \ for \ 20\% \ of \ the \ shares \ are \ exercisable \ on \ 12/30/04. \ Options \ for \ 20\% \ of \ the \ shares \ are \ each \ exercisable \ on \ 5/31/2005, \ 5/31/2006, \ 5/31/2007, \ and \ 5/31/2008 \ respectively.$
- 5. Options for 25% of the shares are each exercisable on 7/20/05, 7/20/06, 7/20/07, 7/20/08, respectively.
- 6. Options for 33 1/3 of the shares are each exercisable on 8/6/09, 8/6/10, and 8/6/11 respectively
- 7. Options for 25% of the total number of shares each become exercisable on 7/27/08, 7/27/09, 7/27/10, and 7/27/11.
- 8. Options for 33 1/3% of the shares will each become exercisable on 8/15/07, 8/15/08, and 8/15/09, respectively.
- 9. Options for $33\,1/3\%$ of the shares are each exercisable on 7/29/06, 7/29/07, and 7/29/08, respectively.

By: K. Wayne McDougall For: Paul S. Echenberg

08/05/2010

** Signature of Repo

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.